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Los Cuatro Acuerdos: The Four Agreements, Spanish-Language Edition (Toltec Wisdom) (Spanish Edition)



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Synopsis

Every action, says don Miguel Ruiz, is based on agreements people make - with other people, with God, with life. But the most important agreements are those people make with themselves. In these agreements they tell themselves who they are, how to behave, what is possible, what is impossible. One single agreement is not such a problem, but so many agreements come from fear, deplete energy, and diminish self-worth. In The Four Agreements, don Miguel reveals the source of self-limiting agreements that take away joy and create needless suffering. For those ready to change these agreements, there are four deceptively simple, yet powerful agreements that can be adopted as guiding principles: be impeccable with your word; don’t take anything personally; don’t make assumptions; and always do your best. These tenets can rapidly transform anyone’s life to a new experience of freedom, true happiness, and love.

Book Information

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Customer Reviews

El libro de don Miguel Ruiz es un mapa hacia la iluminaciÃƒÂ n y la libertad. --Deepak Chopra, autor de Las siete leyes espirituales del ÃƒÂ©xitoUn libro que inspira con sus muchas lecciones importantes. --Wayne Dyer, autor de Verdadera magiaSiguiendo la tradiciÃƒÂ n de Carlos Castaneda, Ruiz destila la esencia de la sabidurÃƒÂ-a tolteca. En un estilo claro e impecable explica la paradoja de que los hombres y las mujeres tienen que vivir como guerreros pacÃƒÂ-ficos en el mundo moderno. --Dan Millman, autor de El camino del guerrero pacific

Text: Spanish (translation) Original Language: English

Excellent book. It is a book that you continue reading as a guide in your life. It helps us to be better from the inside out.

Wisdom and a different way of understanding life. I really enjoyed the way he talks about love. Wonderful book. Highly recommended

These times it is easy to get lost in the ambition of success, get frustrated, disappointed and scared of what may lay ahead. That makes us lose focus on what’s important and if not careful, you may end in a depression. I had read self help book, but nothing seemed to help until I found "Los cuatro acuerdos". Simple lessons that will help you get on track of what is truly important and how to accomplish the main goal, be happy again. The are the four agreements: 1. Be Impeccable With Your Word; 2. DonÃƒÂ¢Ã â ¬Ã â„¢t Take Anything Personally; 3. DonÃƒÂ¢Ã â ¬Ã â„¢t Make Assumptions; 4. Always do Your Best. Stop making impossible goals, it’s time to change how you feel about you self and let go of old habits that have misled you in to this depression. FREE YOUR SELF. Yes you can!

I liked this book. It showed me how to center myself.

El cuarto acuerdo es el que mÃƒÂ¡s me intereso y me llego a mi ser, ya que ha raÃƒÂ-z de mi divorcio me volvÃƒÂ- insegura y protectora de mi familia, leer este acuerdo me ha ayudado muchÃƒÂ-simo para darme cuenta de lo mal que reaccionaba al hacer suposiciones , de lo mucho que estaba sufriendo por ello desde hace 10 anos que fue cuando me divorcie, hace poco inicie una relacion y el me marco fuertemente ese defecto, aun asi no me percataba de la gravedad de mi comportamiento.Muchas gracias por su sabidurÃƒÂ-a y sobre todo de compartirla, gracias tambiÃƒÂ©n a CÃƒÂ©sar Lozano por promover este libro en su programa de la estaciÃƒÂ n de radio. Que Dios los Bendiga!

Excellent book. In my opinion everybody needs to read this book

excelente

Excellent

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